

## **NPS ATHLETICS UPDATE / Monday - 1/13/20**

All of our NHS winter teams saw game action this week. Below you will find a full report of game results; some notable highlights; and the game schedule for this coming week.

### **NHS Boys and Girls Swimming / Diving**

The NHS boys and girls swim teams went on the road for a pair of league meets this week, traveling to Sandwich on Thursday and to Martha's Vineyard on Saturday. On each date both the boys and girls teams returned home with wins.

On Thursday (1/9/20) the Whaler swimmers headed to Sandwich HS for a league meet with the "Blue Knights". Participating minus some key swimmers / divers due to illness, both our boys and girls teams still had strong showings in Thursday's swim meet with the boys winning by a score of 96-78 and the girls by a score of 108-69.

Here are some of the highlights for Thursday's meet at Sandwich:

- Tyler Roethke won the 100 butterfly freestyle (52.38) and the 200 IM (2:02.96).
- Sophie Gerardi won the 100 butterfly (1:08.28) and the 100 backstroke (1:06.9)
- The team of Tyler Roethke, Kevin Johnson, Grant Beebe, and Aidan Roberts won the 200 individual medley relay (1:43.17).
- The team of Grant Beebe, Aidan Roberts, Tyler Roethke, and Jarret O'Connor won the 200 freestyle relay (1:34.35).

On Saturday (1/11/20) the Whaler swimmers / divers made the long travel to rival island Martha's Vineyard where they posted lopsided wins for both the boys (88-49) and the girls (100-37). The Whalers set numerous pool and school records in the rival island pool.

Here are some highlights from Saturday's meet:

- Emma Davis set a pool record winning the 200 freestyle (2:00.38)
- Tyler Roethke set 2 pool records winning the 200 freestyle (1:46.9) and the 100 butterfly (54.49).
- Kevin Johnson set a pool record winning the 200 IM (2:08.86).
- Grant Beebe set a pool record winning the 50 freestyle (22.02)
- The team of Grant Beebe, Tyler Roethke, Jarret O'Connor, and Aidan Roberts set a school record winning the 200 freestyle relay (1:33.12).

Both the boys and girls teams are currently undefeated with identical 3 win - 0 loss records in Cape and Islands League dual meets and 5 win - 0 loss records overall.

### **NHS Boys Basketball**

The NHS varsity boys basketball team only played one game this past week, traveling to Division 2 Falmouth High School on Friday for a Cape and Islands League game. Friday's game was a close defensive battle from beginning to end, with the Whalers holding leads of 9-7 after quarter 1; 18-16 at the half; and 28-26 at the end of quarter 3. After falling behind early in the final quarter the Whalers outscored the Clippers 9-2 in the last 2 minutes of the game to earn the win by a score of 44-39. A big 3 point shot from Maiki Bodden put the Whalers back in the lead and ignited the Whalers scoring down the stretch. Malique Bodden led all Whaler scorers with 12 points for the game (7 coming in quarter 4).

The varsity boys basketball team currently has an overall record of 3 wins - 3 losses and a league record of 2 wins - 2 losses.

### **NHS Girls Basketball**

The Lady Whalers basketball team played back to back games this week, traveling to Rising Tide Charter School on Thursday and hosting Falmouth High School on Friday.

In Thursday's game at Rising Tide the Lady Whalers had little trouble in handing the "Heron" a one sided 48-11 loss. Leading the way for the Whalers at RT were Malika Phillip (21 points), Maclaine Willett (9 points), and Raegan Perry (7 points).

In Friday's home game the Lady Whalers found the going much tougher against a very good Division 2 Falmouth High School team. The "Clippers took control early with a 23 -2 lead after quarter 1 and never looked back, taking a 32-6 lead at the half; a 55-13 lead at the end of quarter 3; and winning by a final score of 67-22. Malika Phillip was the leading scorer for the Lady Whalers with 12 points for the game.

The varsity girls basketball team currently has an overall record of 3 wins - 3 losses and a league record of 1 win - 3 losses.

### **NHS Boys Ice Hockey**

The Whalers varsity ice hockey team picked up 2 wins in 2 league games this week, defeating Monomoy Regional at home on Thursday (4-2) and defeating rival island Martha's Vineyard Regional on their home ice by a score of 2-0 on Saturday.

On Thursday the Whalers hosted the Monomoy / Mashpee Co-Op team "Monarchs" in the first Cape and Islands League game of the season. After a scoreless first period the "Monarchs" got on the board first scoring 2:30 into the second period to take a 1-0 lead. That score was a "wake up call" for the Whalers who dominated play from that point forward. A Jeffery Daume goal (assists from Cosmo Tedeschi and Evan Belanger) late in the period made it a 1-1 game going to the final period. A Jack Gammons goal (Marsh Hickman assist) early in period 3 put the Whalers up 2-1 and then Charlie Clarke scored his first goal of the season (assists Sam Freeman and Jeff Daume) to make it a 3-1 game. Gavin Fey (assists Hudson Perry and Marsh Hichman) closed out the Whaler scoring for the game.

On Saturday the Whalers made the long travel to rival island Martha's Vineyard to face-off against the Vineyarders in an important league. The two rival teams battled in a scoreless deadlock for the first period and a half. About 6 minutes into the second period Cole Evens put the Whalers up 1-0 scoring on a "sweet" wrap around goal. Just 21 seconds later Jack Gammons made it 2-0 Whalers scoring unassisted on a breakaway. Whaler goalie James Culkins (16 saves) and the Whaler defense took it from there to preserve the shutout and the win.

With the 2 wins this week the Whalers improve their overall record to 4 wins - 3 losses and their league record to 2 wins - 0 losses.

## **NHS Girls Ice Hockey**

The Lady Whalers played just one game this week, taking the home ice to play a very strong Falmouth High School team on Saturday evening. The Lady Whalers started strong with Evelyn Fey scoring less than a minute into the game to put our girls up 1-0. The Lady Whalers held that lead for the next 8 minutes before Falmouth got on the board to tie it a 1-1 with 5:58 to go in the period. A late Falmouth goal made it a 2-1 game at the end of the first period. Falmouth's experience and depth showed in period 2 as the Clippers score 6 more to take an 8 - 2 lead to the final intermission. In period 2 Evelyn Fey put the Lady Whalers on the board again with her second goal of the game. Falmouth would pick up 2 additional goals in period 3 to make the final score Falmouth 10 and Nantucket 2. KUDO's to our young team who no matter what the score or situation continue to play hard. Special KUDO's to Lady Whaler goalie, Shea Harishfeger who had a solid game in goal making 41 saves against the relentless offense of the "Clippers".

The NHS Varsity Girls Ice Hockey Team currently has an overall record of 0 wins - 4 losses and a league record of 0 wins and 4 losses.

## **2019 Fall Sports Awards**

The 2019 Fall Sports Awards Ceremony will be held tonight (Monday, 1/13/20) with a 6:30 PM start in the Mary P. Walker Auditorium at the High School.

## **NHS Game Schedule for the Coming Week**

### **Tuesday - 1/14/20**

- 3:30 PM Varsity Boys Basketball Away at Nauset Regional HS
- 5:00 PM JV Boys Basketball Away at Nauset Regional HS
- **5:00 PM Varsity Girls Basketball Home vs. Nauset Regional HS**
- **5:15 PM Varsity Boys Ice Hockey Home vs. Sandwich HS**
- 5:30 PM Varsity Boys Swimming / Diving Home vs. Nauset Regional HS
- 3:30 PM Varsity Girls Swimming / Diving Home vs. Nauset Regional HS
- 6:30 PM JV Girls Basketball Home vs. Nauset Regional HS

**Wednesday - 1/15/20**

- **5:15 PM Varsity Girls Ice Hockey Home vs. Nauset Regional HS**

**Thursday - 1/16/20**

- 4:00 PM Varsity Girls Basketball Away at Cape Cod Academy
- **5:00 PM Varsity Boys Basketball Home vs. Cape Cod Academy**
- **5:30 PM Varsity Boys Swimming / Diving Home vs. Nauset Regional HS**
- **3:30 PM Varsity Girls Swimming / Diving Home vs. Nauset Regional HS**
- **6:30 PM JV Boys Basketball Home vs. Cape Cod Academy**

**Saturday - 1/11/20**

- **2:00 PM JV Boys Ice Hockey Home vs. Nauset Regional HS**
- 2:00 PM Varsity Boys Ice Hockey Away at Bishop Stang HS
- 2:30 PM Varsity Boys Diving Away at the Cape and Islands Diving Championship
- 2:30 PM Varsity Girls Diving Away at the Cape and Islands Diving Championship

**Monday - 1/20/20**

- **11:30 AM JV Boys Basketball Home vs. Westport**
- 12:00 PM Varsity Boys Swimming / Diving Away at Wayland Invitational
- 12:00 PM Varsity Girls Swimming / Diving Away at Wayland Invitational
- **1:00 PM Varsity Boys Basketball Home vs. Westport**
- **2:00 PM JV Boys Ice Hockey Home vs. Martha's Vineyard**

The current schedules for all Whaler athletic events / teams can be found on the athletic web page by clicking the Athletics tab on the main school web page at [www.npsk.org](http://www.npsk.org).

**GO WHALERS !!**